

2014 / 15 Tri Season – Newsletter 1 – October 2014.

Hi All

Welcome to Armidale Tri Club's 2014 / 15 season; a season that will feature 8 days of racing throughout the summer months.

What a cliché but ... come along and tri!

One of Armidale Triathlon Club's chief goals is to make triathlons fun; and this fun should be for everyone. We therefore cater for different age groups and for different levels of tri experience.

On each of our 6 race day Sundays throughout the Spring and Summer months we run the following events:

- Kids: 25m swim, 400m bike ride and 400m run.
- Juniors: 100m swim, 5 km bike ride and 1.2km run
- Short course: 200m swim, 10km bike ride and 2.2 km run, and
- Long course: 400m swim, 20km bike ride and 4.2 km run.

All of the above are available for individuals or you can enter a team. Teams may consist of three athletes (one for each leg) or perhaps someone does 2 legs. For anyone hesitant about the swim it may be worthwhile teaming up with a swimmer so you can then do the bike and run legs to get an idea of triathlons and get some experience with transitions.

Race Dates

The first race is nearly upon us; Sunday October 12 with registration from 7:45am at the TAS sports centre (Chapel Street, Armidale). Dates for the rest of the season have been decided and a list of these is at the end of this newsletter. You can also see the dates for all events on our website at www.armidaletriathlonclub.org.

Again this season the Schools Challenge and the Work Place Challenge will be their own event days. It may be a good idea to start asking around at school or at work to organise a team.

Membership and fees

Membership of Tri Australia is compulsory. However, for those of you new to the sport and not sure if you will continue all season, we have arranged with Tri Australia to offer a 2 race triathlon trial period where a \$5 event membership will suffice. Should you wish to compete in more than 2 events then the full membership is a must.

To register online please go to www.armidaletriathlonclub.org and then select the link Join Triathlon Australia and then read the instructions and follow the prompts.

Please note that your Tri Australia membership is valid for many other events around Australia.

Each race day there will be a small charge for competitors of \$10 for adults and juniors, \$2 for kids that meets the expenses of using the facilities and also the road marshals.

That's enough for now. I hope you are all inspired and have been working hard through the off season. Looking forward to seeing you at TAS on Sunday Oct 12th, ready to start another season of tris.

Alex Thomas
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2014 / 15 Race Dates

- October 12 – Race 1
- November 9 – Race 2
- November 16 – Schools Challenge
- December 7 – Race 3
- January 4 – Race 4
- February 1 – Race 5
- February 8 – Work Place Challenge
- March 8 – Race 6

Registration at the TAS pool foyer (off Chapel Street) from 7:45am. Race briefing at 8:45am and start at 9:00am.