

## Elders Armidale Winter Duathlon Round 1

### Long Course

Bib	First Name	Last Name	Gender	Age group	Run 1	Bike	Run 2	Total
22	Pete	Harris	m	35-49	00:06:15	00:19:41	00:07:22	00:33:17
28	Nathan	Friedman	m	35-49	00:06:16	00:23:17	00:06:27	00:35:59
25	Jordan	Pattison	m	Junior	00:05:47	00:24:15	00:06:06	00:36:06
1	Paul	Billings	m	50+	00:06:28	00:24:10	00:06:46	00:37:23
6	Ben	Page	m	35-49	00:06:15	00:24:37	00:07:01	00:37:53
34	Sam	Smythe	m	17-34	00:06:08	00:25:59	00:06:25	00:38:32
24	Phillip	Pattison	m	50+	00:06:57	00:24:30	00:07:18	00:38:44
27	David	Fitzsimmons	m	50+	00:07:04	00:23:37	00:08:06	00:38:46
4	Michael	Henderson	m	50+	00:06:58	00:24:39	00:07:25	00:39:00
35	Andrew	Curry	m	35-49	00:07:00	00:25:20	00:07:23	00:39:42
5	Heather	Nonhebel	f	50+	00:07:18	00:24:58	00:07:41	00:39:56
23	Jacqui	King	f	35-49	00:07:36	00:25:02	00:07:38	00:40:15
37	Martin	Lindeman	m	50+	00:07:22	00:26:10	00:07:25	00:40:56
15	Pat	McMillan	m	35-49	00:07:03	00:24:46	00:09:58	00:41:46
20	James	Harris	m	35-49	00:07:30	00:25:15	00:09:16	00:42:00
29	Sheree	Friedman	f	35-49	00:07:59	00:26:49	00:07:45	00:42:32
38	Toby	Hall	m	Junior	00:06:36	00:29:47	00:06:30	00:42:52
14	Jim	Pennington	m	50+	00:07:31	00:31:34	00:09:10	00:48:13
19	Aaron	McMillan	m	35-49	00:08:04	00:33:08	00:09:19	00:50:30

### Short Course

Bib	First Name	Last Name	Gender	Age group	Run 1	Bike	Run 2	Total
18	Kal	Blair	m	Junior	00:02:11	00:08:48	00:02:25	00:13:22
17	Andy	Blair	m	Junior	00:02:17	00:09:00	00:02:49	00:14:05
11	Laura	Billings	f	Junior	00:02:14	00:09:12	00:02:53	00:14:18
26	Bella	Page	f	Junior	00:02:35	00:10:55	00:02:49	00:16:18
10	Trudy	Page	f	35-49	00:03:08	00:10:57	00:03:04	00:17:08
9	Thomas	Page	m	Junior	00:02:45	00:11:24	00:03:07	00:17:14
21	Charlotte	Harris	f	Junior	00:02:21	00:12:27	00:03:00	00:17:47
30	Hannah	Friedman	f	Junior	00:02:37	00:13:07	00:02:52	00:18:35
3	Jane	Cook	f	35-49	00:03:26	00:11:17	00:04:07	00:18:49
36	Nick	Thomas	m	Junior	00:03:19	00:13:29	00:03:45	00:20:32
12	Alex	Thomas	m	35-49	00:04:12	00:12:48	00:03:35	00:20:34
8	June	Billings	f	50+	00:03:47	00:12:53	00:04:29	00:21:08
33	Eve	Shanahan	f	Junior	00:02:53	00:15:27	00:03:05	00:21:24
32	Joe	Friedman	m	Junior	00:02:59	00:15:28	00:03:31	00:21:57
31	Grace	Friedman	f	Junior	00:02:52	00:17:51	00:02:55	00:23:37
16	Andrew	Cook	m	50+	00:04:14	00:14:29	00:05:00	00:23:41